

20-Day Ultimate Adventure		
Day	Location & Base	Planned Activities & Highlights
Day 01	Airport → Anuradhapura (via Negombo)	Pickup at Airport. Drive via Negombo to Anuradhapura. Check-in and explore the ancient monastery complex & stupas.
Day 02	Anuradhapura → Trincomalee	Travel east to Trincomalee. Visit Kinniya Hot Water Springs and Trinco Dutch Fort (Fort Frederick), ending at Koneswaram Temple overlooking the Natural Harbour.
Day 03	Trincomalee (Nilaveli & Marine)	Morning Sea Diving / Snorkeling at Pigeon Island (off Nilaveli Beach). Afternoon trip north to Pulmoddai Jungle Beach. Evening drinks at Nilaveli / Uppuveli.
Day 04	Trincomalee → Pasikuda & Arugam Bay	Scenic coastal drive south. Stop for a swim at Pasikuda Bay (shallow waters), then head to Arugam Bay for evening beach vibes, local surfing, and nightlife.
Day 05	Arugam Bay → Sigiriya	Morning beach session at Arugam Bay. Drive inland to Sigiriya. Hike Mihintale Sanctuary en route.
Day 06	Sigiriya & Dambulla	Early morning summit of Lion Rock Sigiriya. Midday rest. Late afternoon climb up Pidurangala Rock for sunset views over Lion Rock.
Day 07	Sigiriya / Dambulla	Visit the Dambulla Cave Temple complex. Afternoon inland cycling or open-top Jeep safari across Minneriya / Kaudulla.
Day 08	Sigiriya → Riverston	Scenic drive into the Matale hills to Riverston. Hike to Pitawala Pathana Grasslands & Mini World's End. Setup base for wilderness mountain camping.
Day 09	Riverston Mountains	Morning trek to Riverston Peak (Hulan Kapolla) and hidden waterfalls (Sera Ella / Bambarakiri Ella). Overnight wilderness camping.
Day 10	Riverston → Knuckles Range	Traverse into the Knuckles Mountain Range (UNESCO Heritage Forest). Base camp set up in Meemure or Deanston region.
Day 11	Knuckles Mountain Range	Full-day rugged mountain trekking across cloud forest trails, river crossings, and panoramic ridge lines.
Day 12	Knuckles → Nuwara Eliya	Scenic high-country drive through tea plantations. Explore Nuwara Eliya town, Gregory Lake, and colonial landmarks.
Day 13	Nuwara Eliya → Ella	Morning visit to Dunhinda Falls (Badulla) and spectacular Diyaluma Falls (abseiling/natural infinity pools hike). Night stay in Ella.
Day 14	Ella Adventure Day	Hike Ella Rock or Little Adam's Peak. Experience zip-lining, ATV rides, and evening nightlife in Ella main strip.
Day 15	Ella → Nallathanniya (Adam's Peak)	Scenic mountain travel towards the base of Peak Wilderness Sanctuary (Nallathanniya village). Early dinner and rest before midnight climb.
Day 16	Adam's Peak Night Hike → Kitulgala	Midnight-to-dawn summit trek of Adam's Peak (Sri Pada) for sunrise. Descend down the mountain and drive to Kitulgala for recovery & rest.
Day 17	Kitulgala Extreme Day	Full day of White Water Rafting on the Kelani River, waterfall abseiling, and canyoning/cliff jumping.
Day 18	Kitulgala → Colombo	Morning rainforest stream trek or zip-line in Kitulgala. Afternoon drive to Colombo city.
Day 19	Colombo City & Nightlife	Explore Dutch Hospital precinct, Galle Face Green, high-end dining, rooftop bars, and city nightlife.
Day 20	Colombo → Airport (BIA)	Last-minute souvenirs shopping, relaxation, and transfer to Bandaranaike International Airport for departure.