

20-Day Reverse Adventure		
Day	Location & Base	Planned Activities & Highlights
Day 01	Airport → Kitulgala	Pickup at Bandaranaike International Airport (BIA). Scenic drive to Kitulgala (approx. 2.5 hours). Evening rest by the Kelani River.
Day 02	Kitulgala Extreme Day	Full day of White Water Rafting on the Kelani River, waterfall abseiling, canyoning, and cliff jumping.
Day 03	Kitulgala → Nallathanniya (Adam's Peak)	Travel to Nallathanniya village at the base of Peak Wilderness. Rest and early dinner before the midnight climb.
Day 04	Adam's Peak Night Hike → Nuwara Eliya	Midnight trek to the summit of Adam's Peak (Sri Pada) for sunrise. Descend and drive up to Nuwara Eliya to explore Victoria Park and tea estates.
Day 05	Nuwara Eliya → Ella	Scenic high-country drive to Ella. Visit Dunhinda Falls and trek to the upper natural pools of Diyaluma Falls.
Day 06	Ella Adventure Day	Hike Ella Rock or Little Adam's Peak, experience zip-lining, and enjoy evening nightlife on the Ella main strip.
Day 07	Ella → Knuckles Mountain Range	Drive north into the Knuckles Mountain Range (UNESCO Heritage Forest). Setup base camp near the Meemure/Deanston region.
Day 08	Knuckles Mountain Range Trek	Full-day rugged mountain trekking across cloud forest trails, river crossings, and ridge lines.
Day 09	Knuckles → Riverston	Traverse to Riverston. Hike to Pitawala Pathana Grasslands & Mini World's End. Wilderness mountain camping overnight.
Day 10	Riverston Exploration	Morning trek to Riverston Peak (Hulan Kapolla) and hidden waterfalls (Sera Ella / Bambarakiri Ella). Overnight camping.
Day 11	Riverston → Sigiriya	Drive down from the Matale hills to Sigiriya. Sunset climb up Pidurangala Rock for views of Lion Rock.
Day 12	Sigiriya & Dambulla	Early morning summit of Lion Rock Sigiriya. Visit Dambulla Cave Temple in the afternoon.
Day 13	Sigiriya / Mihintale	Day trip to Mihintale Sanctuary. Optional evening open-top Jeep safari in Minneriya/Kaudulla National Park.
Day 14	Sigiriya → Trincomalee	Head east to Trincomalee. Visit Kanniya Hot Water Springs, Fort Frederick, and Koneswaram Temple overlooking the harbour.
Day 15	Trincomalee Marine & Beaches	Morning Sea Diving / Snorkeling at Pigeon Island (off Nilaveli Beach). Afternoon relax at Marble Beach.
Day 16	Trincomalee Coastal Exploration	Visit Pulmoddai Jungle Beach, relax at Pasikuda or Arugam Bay, and enjoy Trincomalee's coastal nightlife.
Day 17	Trincomalee → Anuradhapura	Drive west to ancient Anuradhapura. Explore sacred stupas, monasteries, and ancient water reservoirs.
Day 18	Anuradhapura → Negombo	Morning exploration of Anuradhapura ancient complex. Drive down to the coastal city of Negombo.
Day 19	Colombo City & Nightlife	Day trip/drive to Colombo. Explore Dutch Hospital precinct, Galle Face Green, high-end dining, and city nightlife.
Day 20	Negombo / Colombo → Airport (BIA)	Last-minute souvenir shopping, relaxation at Negombo beach, and transfer to BIA for departure.